Vanier Application Tip Sheet

Research Proposal (maximum 2 pages including graphs and images)

- **Use the full 2 pages**
- We recommend using the following headings for your proposal. We have found this format to be successful, as it makes it easier for reviewers to follow and helps to prevent repetition:
  - Introduction
  - Research Question(s)
  - Objectives
  - Hypotheses
  - Methods
  - Implications
  - Benefits
- Be sure to refer to [Vanier Guidelines](#) for full instructions.
- Remember that your program of study will be evaluated by a multi-disciplinary committee (non-specialist audience), and as such should be written in non-technical terms, avoiding jargon. Use graphs and images only if reviewers will understand them (they take space away from presenting your proposal).

Personal Leadership Statement (maximum 2 pages)

This document should present to the committee a clear statement of what challenges and opportunities have shaped your doctoral research and it **must** link your leadership to your research.

When crafting your Personal Leadership Statement, consider the following points:

- **Use the full 2 pages**
- The first half of this statement should be dedicated to clearly outlining the activities in which you displayed leadership in your research. This is not about presenting at a conference, nor is it about extra-curricular activities. How did you translate your research knowledge into practice by delivery to your peers (for example, setting up a conference, mentoring junior researchers) or to the community (for example, blogs on the research, interviews, outreach events, clinics). Use strong action words and make sure the same words are used in your CCV.
- The second half or less of this statement can be used to identify non-research related leadership. It does not have the same value in the review process but shows to the review committee that you are a well-rounded individual. Volunteering is not leadership though, and so it is necessary that you show to the reviewers that you were in charge of some aspect of the activities described.
- **Employment does not equal leadership.**
- Be concise, never use the space given to write a biography.

General Comments

- Proofread your application for spelling, grammar, and formatting.
- Have someone else proofread you application.
- Make sure to update your papers on your CCV.
- Use strong action words in the leadership section of your CCV and in you Leadership Statement.